



NEWS

UNIVERSITY PREP SCHOOLS



A Message From Our CEO

Dear U Prep Community:

The holiday season is upon us, and our break is just around the corner. Take an opportunity to reflect on the year and remember what brought us joy during this year of transition back to in-person learning. My hope is that you make time to spend with loved ones and practice self-care and overall wellness.

In this edition of "News at the U!", you'll learn about how the University of Michigan partners with us to educate our scholars on living a healthy lifestyle and equips them with tools they need to live productive lives now and into the future.



The first half of this school year has brought unforeseen challenges and even tragedy and trauma, nationwide. Let's make sure, as a village, that we take this holiday break to appreciate the love of family and friends. Be sure to take advantage of quiet time by yourself, as well as with the little ones. Relax and refuel in the coming weeks.

May you have a safe, loving, and family-filled holiday with a prosperous New Year! Stay safe, and be well.

In Community and Partnership,

Danielle Jackson, CEO
U Prep Schools



Project Healthy Schools Continues to Improve the Health and Fitness of U Prep Middle School Students

Project Healthy Schools will continue to impact U Prep Schools! This program, facilitated by the University of Michigan, educates youth on the importance of maintaining a balanced and healthy lifestyle through wellness activities and education about nutrition.

Read more about this beneficial experience below and learn more about how Project Healthy Schools has been impacting our community this year.

More About Project Healthy Schools

Debate Club Teaches Scholars More Than Public Speaking

U Prep encourages critical thinking for all of our scholars, so they learn to engage in reflective and independent thought. We offer Debate Club at UPA Middle School and UPA High School for those who want to develop their skills in the areas of critical thought, research, public speaking, conflict resolution, and more. UPA's Debate Club is at the top of its game and is currently one of the most decorated teams in the State, including success at the national level. Find out more about how our Debate Club has been adjusting to debating in the virtual setting at the link below.



More About Debate Club

Meet Blake Wilkes



ALUMNI SPOTLIGHT: Blake Wilkes was a member of the 2012 graduating class at UPA High School and went on to graduate from Michigan State University with a degree in Psychology. Blake now works at UPSM Middle School as a Restorative Practitioner. Find out more about Blake's unique experience as an Alumni now working for U Prep below.

Blake's U Prep Experience

Support U Prep Athletics by Repping the Prep!

Want to show support for your favorite U Prep School and support our Athletics Programs at the same time? Visit the U Prep Merchandise Store today and give your loved one the perfect gift this Holiday Season! Proceeds from each order will go directly to our athletic program to help support our student-athletes. Click the link below to rep and support the U!



[Shop Here](#)



Student Artists at the U

Our student artists here at U Prep have been benefiting from the return to in-person learning and have enjoyed expressing their creativity and imagination through physical pieces of art this year. Take a look below to see some of the masterpieces that they have been creating in our classrooms.

[Art Gallery](#)

New Mascot Logos

We are excited to announce our newly revised mascot logos for all three districts. Go Panthers! Go Cobras! Go Mustangs!

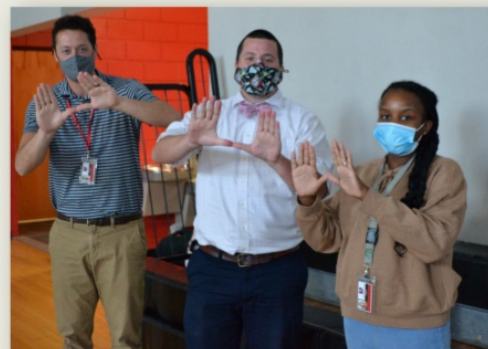


Blog Promo

We did not publish a December CEO Blog. We look forward to sharing the latest hot topics from U Prep's subject matter experts in The U Crew Collective in the new year!

Happy Holidays from Our Family to Yours

The U Prep family wishes you a safe, healthy, and happy holiday and a year filled with hope and promise!



December Birthdays and Anniversaries

Help us celebrate! We have several birthdays and U Prep anniversaries in December. Click the links below to wish our Crew members a Happy Birthday or Happy Anniversary.

Crew Birthdays

Crew Anniversaries